TRAIL RUNNING

Activity sheet · Sporty



Trail running is like orienteering, but without a map and compass. After a warm-up of about 20 minutes we head into the forest for a refreshing run.

You have to keep an eye on the ground the whole time so as not to trip over stumps and stones. Pace and distance are adapted to the group.

Good to know
About 1 hour, max 300 participants.

Location
We come to you – all of Sweden

Duration
approx. 1 hour

Participants
Max 300 participants

Price
Start fee SEK 4 500
+ SEK 450/person

Prices excl. 6% VAT.

Included

- Gold trophy for the winning team
- Activity leaders from Puls
- Mileage up to 200 km
- Rain ponchos

Book or get a quote

08-20 32 00
boka@puls.nu

Scan for photos, prices and booking