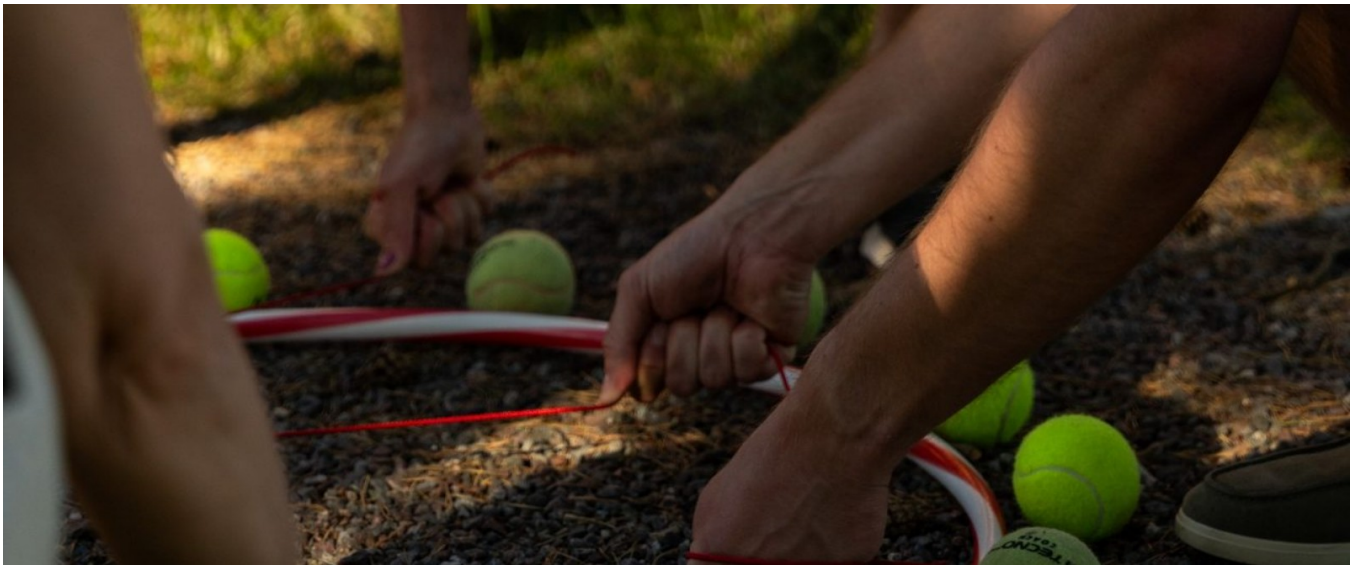
TEAMWORK

Activity sheet · Team building



How well do you work together when faced with unexpected challenges? Teamwork is an engaging team activity centred on collaboration, communication and problem-solving.

Over 60 minutes the group takes on a series of short, tricky cooperation exercises where everyone has to contribute. It is not about being the strongest or the fastest – it is about listening to each other, thinking together and using the group's different strengths. The exercises alternate with short reflections on what actually made the group succeed.

The result is a light-hearted activity with lots of laughter, energy and a few useful insights to take back to the working day. Perfect as an energy boost during a conference or kick-off, or as a fun way to strengthen the team in a short time.

Good to know

Run indoors or outdoors. 1 hour, 4–100 participants.

Location
We come to you – all of Sweden

Duration
1 hour

Participants
4–100 participants

Price
Start fee SEK 6 500
+ SEK 395/person

Prices excl. 25% VAT.

Included

- Gold trophy for the winning team
- Activity leaders from Puls
- Mileage up to 200 km
- Rain ponchos

Book or get a quote

08-20 32 00
boka@puls.nu

Scan for photos, prices and booking