KAYAKING

Activity sheet · Adventurous



Kayaking is a relaxing and wonderful adventure where you explore the surroundings at a gentle pace.

We paddle on the bays of Lake Mälaren, in the Stockholm or Gothenburg archipelago, or on calm lakes in the mountains. Every natural setting has its own charm: Lake Mälaren and the mountain lakes often have calm water, which makes them better suited to beginners.

The archipelago can mean slightly more demanding paddling but also offers more varied surroundings with all its islets and skerries. Wildlife is rich in these areas, with a good chance of spotting white-tailed eagles, golden eagles, ospreys and beavers. We paddle in two-person kayaks (K2s), a very stable and easy-to-paddle type of kayak.

Good to know

Clothes for the weather and a complete change of clothes packed in waterproof bags.

Location
We come to you – all of Sweden

Duration
1 hour – full day

Participants
4–60 participants

Price
1–3 hours: Start fee SEK 5 500
+ SEK 895/person

Full day: Start fee SEK 6 500
+ SEK 1 100/person

Prices excl. 6% VAT.

Included

- Gold trophy for the winning team
- Activity leaders from Puls
- Mileage up to 200 km
- Rain ponchos

Book or get a quote

08-20 32 00
boka@puls.nu

Scan for photos, prices and booking