CPR TRAINING

Activity sheet · Indoor



A stripped-down, simplified CPR course that shows clearly what you can do if someone suffers respiratory and cardiac arrest.

You learn to judge whether an unresponsive person has stopped breathing, to organise yourselves at an accident scene and to give CPR, and you practise quickly examining, raising the alarm and caring for an unconscious person. The course is led by certified Puls CPR instructors following the Swedish Resuscitation Council guidelines.

Good to know

About 2 hours, 4–30 people. No special clothing needed. Held in a venue suited to the group.

Location

We come to you – all of Sweden

Price

Price on quotation or online booking.

Book or get a quote

08-20 32 00

boka@puls.nu

Scan for photos, prices and booking