# MOUNTAIN PADDLING

Activity sheet · Adventurous




## Paddling slowly along a beautiful, gently flowing mountain river does wonders for body and soul.

No experience needed – anyone can paddle and enjoy nature from the water. The length of the trip is adapted to the group.

### Good to know

Bruksvallarna & Vemdalen. 1 hour to a full day, max 30 participants.

Location
**Bruksvallarna & Vemdalen**

Price
**Price on quotation or online booking.**

### Book or get a quote

**08-20 32 00**
**boka@puls.nu**

Scan for photos, prices and booking